



Individual Investment

Individual coaching services are designed for adults who recognize the need and benefit to invest in themselves through clarity, accountability, and intentional growth. An investment in themselves that builds resilience and purposeful forward movement. Coaching with Chartered Growth provides thoughtful, grounded support as you chart what comes next.

Individual Coaching Session:

\$75 – 60- 75 minute one-on-one coaching.

Ideal for clarity sessions, short term support, or exploring a single topic.

Coaching Packages: (optional but recommended for meaningful progress and accountability)

4- Session Package

Best for focused goals or short-term transitions

\$240 (Save \$60)

4 x 60minute sessions

6 – Session Package

Most popular option for building momentum, clarity and sustained growth.

\$330 (Save \$120)

6 x 60 minute sessions

12 – Session Package

Designed for deeper, long-term personal or professional growth

\$600 (Save \$300)

12 x 60 minute sessions

What's Included:

- One-on-one, client-centered coaching
- Personalized goals and action planning
- Reflection tools and between-session prompts
- Strength-based, supportive coaching approach
- Experience grounded in life transitions and resilience

Optional Add-ons:

- 15 minute check-in (between sessions) as needed (package clients): Included
- Email support between sessions (package clients): Included
- Extended session (90minutes instead of 60minutes) \$50/session

Discovery Call - Initial

- Complimentary 20-minute discovery call
Explore whether coaching is the right fit – no pressure, no obligation

Payment & Scheduling Notes:

- Packages may be paid in full or in approved installment plans.
- Sessions are typically scheduled weekly or bi-weekly
- 24-hour notice required for cancellation or rescheduling